



COLD PRESS JUICES \$11

COCONUT SPLASH	Coconut Water, Blue Spirulina
KALE MARY	Tomato, Kale, Lemon, Celery, Carrots, Parsley, Worcestershire
KALE ALE	Kale, Fuji Apple, Ginger, Lemon
CELERY STALKER	Celery Juice
DEALERS CHOICE	Seasonal Fruit
GUT CHECK	Pineapple, Kale, Kiwi, Cucumber, Orange
SLIM SHADY	Spinach, Parsley, Fennel, Celery, Green Apple, Pineapple
UNICORN	Red Cabbage, Apple, Fennel
VEGI-YEH	Cucumber, Carrot, Apple, Lemon, Beet
FALL IMMUNITY	Beet, Carrot, Apple, Ginger

MACRO SMOOTHIES*

*ADD A BOOSTER FOR \$1.00

MACA, SPIRULINA, COLLAGEN, VANILLA OR CHOCOLATE PROTEIN

DATE NIGHT \$11	Oat Mylk, Banana, Dates, Chocolate Protein
COFFEE DATE \$11	Date Night PLUS Espresso Beans
GREEN ENVY \$12	Spinach, Kale, Banana, Pineapple, Avocado, Apple Juice
ALICE-OXIDANT \$12	Blueberries, Strawberries, Banana, Peanut Butter, Maca Protein, Oat Mylk
HELLO SUNSHINE \$11	Mango, Orange, Pineapple, Banana, Maca, Yogurt
JENN'S BREAKFAST SMOOTHIE \$11	Collagen Maca Protein, Banana, Strawberries, Cocotrops, Spirulina, Coconut Water

IMMUNITY SHOTS*

*AVAILABLE IN 4 OZ. AND 16 OZ. SIZES

WELLNESS* \$5 \$16	Pineapple, Lemon, Ginger, Apple Cider Vinegar
TURMERIC* \$6 \$16	Turmeric, Ginger, Lemon, Fujio Apple, Orange, Black Pepper
THE CHARLIE 4 OZ. ONLY \$5	Charcoal, Lemon, Honey

COFFEE & FRIENDS

POUR OVER \$4	* COLD BREW \$6
OAT MYLK CHAI \$8	* MATCHA LATTE \$7
HOT TEA \$4	
INSPIRED MOCHA \$7	Ghirardelli Chocolate, Cream, smidge of Salt, Agave, Cold Brew
JENN'S JAM \$7	Cold Brew, Honey, Oat Mylk

TOASTS & BITES*

*GLUTEN FREE AVAILABLE

THE AVOCADO \$11	with Cucumber, Feta Cheese, EVOO, Lemon Pepper
THE ALBACORE AVOCADO \$16	Tuna, Avocado, Cucumber, Feta, EVOO, Lemon Pepper
PB&H \$10	Peanut Butter, Banana, Honey, Sunflower Seeds
HEALTHY SNICKER POWER BITE	2 FOR \$3 10 FOR \$15
	Date filled with Peanut Butter and topped with Coconut, Salt, Cacao Nibs
SEASONAL SOUPS (ONE PINT) \$15	
SEASONAL WRAPS \$13	
SEASONAL SALAD BOWLS \$11	
DEVEILED EGGS \$6.50	

DAILY DETOXES*

*MUST BE ORDERED 24 HOURS IN ADVANCE (LG TURMERIC NOT INCLUDED)

DAILY DETOX \$50	4 Juices, 2 Immunity Shots
THREE DAY DETOX \$148	Daily Detox (x 3)
WEEKEND WARRIOR \$75	6 Juices PLUS 3 Immunity Boosters

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